



LIGHT BEFORE DAWN

GUIDING YOU TO YOUR AWAKENING

El Dodds

Qualifications

Life Coaching Diploma - Coaching Academy

Additional studying/interests informing practice

The Liminal Way, practitioner programme - with Fi Feehan

Top Three Influential Books

Untamed by Glennon Doyle

Daring Greatly by Brené Brown

Body Keeps The Score by Bessel van der Kolk

